1. 3/4 of people living with lupus would say they’re “very limited” in at least one everyday activity.

2. In addition to the physical aspect of the disease, lupus primarily affects a person’s emotional and social wellbeing.

3. 72% of doctors think that people with lupus often have trouble asking for the support they need from friends and family.

4. “My family and friends think I can do much more than I actually can” is a belief held by 60% of people living with lupus.

5. At least 75% of patients frequently experience muscular and joint symptoms, fatigue, and sensitivity to light.

6. The top three areas where lupus impacts a patient’s life are confidence, self-esteem, and living arrangements.

7. Lupus can be expensive to live with and treat, costing an average of over $21,000 a year. That’s more per patient than heart disease, bipolar disorder, COPD, diabetes, high blood pressure and asthma.

8. The cause of lupus is still unknown. It’s not contagious, even through sexual contact. You can’t “catch” lupus from someone nor “give” it to someone.

9. Lupus is NOT like or related to cancer or HIV.

10. Women of color are 2-3x more likely to develop lupus than Caucasian women.