

10 FACTS ABOUT LUPUS

1

3/4 of people living with lupus would say they're **"very limited"** in at least one everyday activity.

2

In addition to the physical aspect of the disease, lupus primarily affects a person's **emotional and social wellbeing.**

3

72% of doctors think that people with lupus often have trouble asking for the **support they need** from friends and family.



4

"My family and friends think I can do much more than I actually can" is a belief held by 60% of people living with lupus.

6

The **top three areas** where lupus impacts a patient's life are confidence, self-esteem, and living arrangements.

5

At least **75%** of patients frequently experience muscular and joint symptoms, fatigue, and sensitivity to light.

7

Lupus can be **expensive** to live with and treat, costing an average of over **\$21,000 a year.** That's more per patient than heart disease, bipolar disorder, COPD, diabetes, high blood pressure and asthma.



8

The cause of lupus is still unknown. It's not contagious, even through sexual contact. You can't "catch" lupus from someone nor "give" it to someone.

9

Lupus is **NOT** like or related to cancer or HIV.

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Women of color are **2-3x** more likely to develop lupus than Caucasian women.