

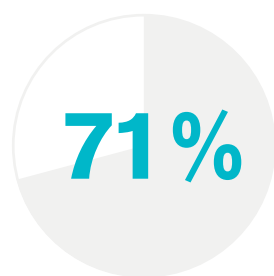
# Adults Have Asthma, Too



## Asthma is Common in US Adults

**26 million**

people have asthma,

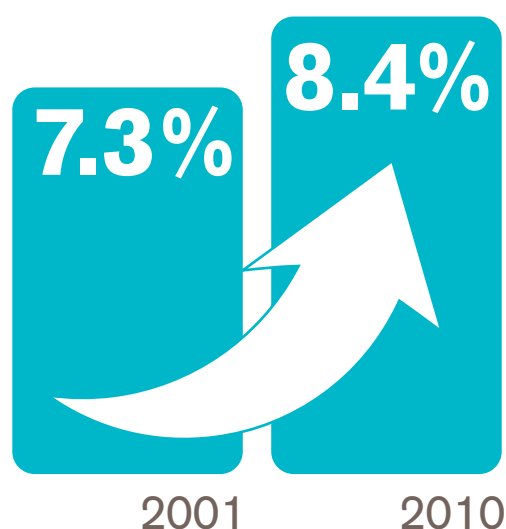


are adults<sup>1</sup>



**At the doctor's office:**

Asthma levels are **higher** than ever.<sup>2</sup>



**58%**

of adult patients have **uncontrolled asthma**<sup>3</sup>

**33%**

have poorly **controlled asthma**<sup>3</sup>

**42%**

have at least one **asthma exacerbation** in the past 12 months<sup>3</sup>

## Better Adult Asthma Education Is Needed.

Fewer than

**1 in 3 adults**

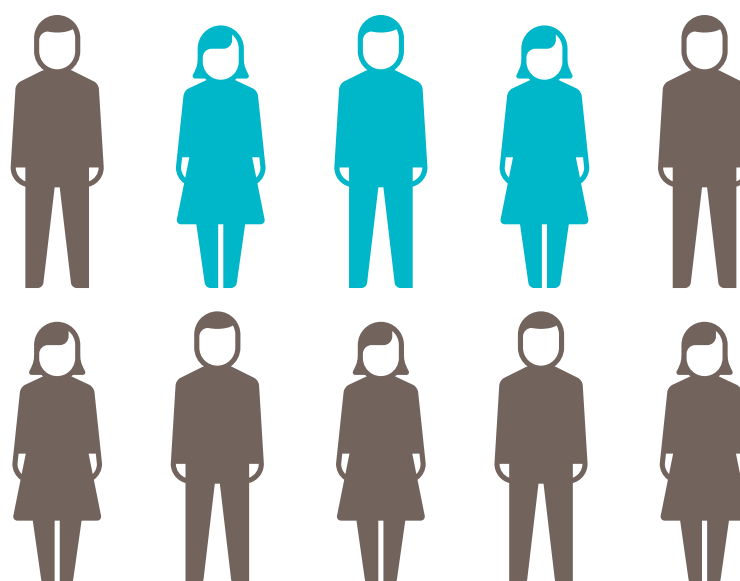
have an asthma **action plan**<sup>1</sup>



More than

**3 in 10 adults**

are not taught how to recognize asthma symptoms<sup>1</sup>



### References:

1. Centers for Disease Control and Prevention: Asthma's Impact on the Nation. [http://www.cdc.gov/asthma/impacts\\_nation/asthmafactsheet.pdf](http://www.cdc.gov/asthma/impacts_nation/asthmafactsheet.pdf). Accessed March 31, 2015
2. Centers for Disease Control and Prevention: Trends in Asthma Prevalence, Health Care Use, and Mortality in the United States, 2001–2010. <http://www.cdc.gov/nchs/data/databriefs/db94.pdf>. Accessed April 2, 2015.
3. Mintz, M, et al. Assessment of Asthma Control in Primary Care. Current Medical Research & Opinion. Vol.25, No. 10, 2009, 2523-2531.