

Patient's Instructions for Use

FLOVENT[®] DISKUS[®] 50 mcg
(fluticasone propionate inhalation powder, 50 mcg)

FLOVENT[®] DISKUS[®] 100 mcg
(fluticasone propionate inhalation powder, 100 mcg)

FLOVENT[®] DISKUS[®] 250 mcg
(fluticasone propionate inhalation powder, 250 mcg)

FOR ORAL INHALATION ONLY

Read this leaflet carefully before you start to take FLOVENT DISKUS. Keep the leaflet for reference because it gives you a summary of important information about FLOVENT DISKUS.

Read the leaflet that comes with each refill of your prescription because there may be new information.

This leaflet does not have all the information about FLOVENT DISKUS. Ask your doctor or pharmacist for more information or advice.

What Is FLOVENT DISKUS?

FLOVENT DISKUS is available in 3 different strengths—50 mcg, 100 mcg, and 250 mcg—and your doctor has chosen the one most suitable for you.

FLOVENT DISKUS contains a medicine called fluticasone propionate, which is a synthetic corticosteroid. Corticosteroids are natural substances found in the body that help fight inflammation. Corticosteroids are used to treat asthma because they reduce airway inflammation.

When inhaled regularly, corticosteroids also help to prevent symptoms of asthma.

Children should use FLOVENT DISKUS under adult supervision, as instructed by the patient's doctor.

Important Points to Remember About Using FLOVENT DISKUS

1. **Tell your doctor before you start taking this medicine if you are:**
 - pregnant or planning to become pregnant;
 - breastfeeding a baby;
 - allergic to FLOVENT DISKUS, any other medicines, or food products;
 - taking a medicine containing ritonavir (commonly used to treat HIV infection or AIDS);
 - taking other medicines, especially any other orally inhaled corticosteroid, over-the-counter medicines, and herbal products; or

- exposed to chickenpox or measles.

In some cases this medicine may not be right for you, and your doctor might want to give you a different medicine.

2. It is important that you inhale each dose as your doctor has told you. The prescription label provided by your pharmacist will usually tell you what dose to take and how often. If it doesn't or if you aren't sure, ask your doctor or pharmacist. **DO NOT** inhale more doses or use your FLOVENT DISKUS more often than your doctor has told you.
3. FLOVENT DISKUS delivers your dose of medicine as a very fine powder **that most, but not all, patients can taste or feel**. Whether you can taste or feel your dose of medicine or not, you should not take more than the prescribed dose. If you are not sure you are getting your dose of FLOVENT DISKUS, contact your doctor or pharmacist.
4. It may take 1 to 2 weeks or longer for this medicine to work, and it is **VERY IMPORTANT THAT YOU TAKE IT REGULARLY. DO NOT STOP TAKING IT EVEN IF YOU ARE FEELING BETTER** unless your doctor tells you.
5. If you miss a dose, just take your next scheduled dose when it is due. **DO NOT DOUBLE** the dose.
6. This medicine is **NOT** intended to provide fast relief of your breathing problems during an asthma attack. It must be taken at regular times as recommended by your doctor, and not as an emergency medicine.
7. Your doctor may prescribe another medicine (such as a bronchodilator) for emergency relief if an acute asthma attack occurs. Please contact your doctor if:
 - you have an asthma attack that does not respond to the additional medicine or
 - you need more of the additional medicine than usual.
8. Long-term use of inhaled corticosteroids, including fluticasone propionate, may increase the risk of some eye problems (cataracts or glaucoma). You should consider getting regular eye examinations.
9. If you also use another medicine for asthma, you should ask your doctor for instructions on when to use it while you are using FLOVENT DISKUS.
10. Do not use FLOVENT DISKUS with a spacer device.

How to Use Your FLOVENT DISKUS

Follow the instructions below. If you have any questions, ask your doctor or pharmacist.



Take FLOVENT DISKUS out of the box and foil pouch. The DISKUS will be in the closed position.



Figure 1

Write the “Pouch opened” and “Use by” dates in the blank lines on the label. The “Use by” date for FLOVENT DISKUS 50 mcg is 6 weeks from the date you opened the pouch. The “Use by” date for FLOVENT DISKUS 100 mcg and FLOVENT DISKUS 250 mcg is 2 months from the date you opened the pouch.

The dose counter shows you how many doses are left. The dose counter number will count down each time you use the DISKUS. After you have used 55 doses (23 doses from the sample pack), the numbers 5 to 0 will show in **red** to warn you that there are only a few doses left (see Figure 1).

Taking a dose from the DISKUS requires the following 3 simple steps: Open, Click, Inhale.



Figure 2



Figure 3

1 OPEN

Hold the DISKUS in one hand and put the thumb of your other hand on the thumbgrip. Push your thumb away from you as far as it will go until the mouthpiece appears and snaps into place (*see Figure 2*).

2 CLICK

Hold the DISKUS in a level, flat position with the mouthpiece towards you. Slide the lever away from you as far as it will go until it clicks (*see Figure 3*). The number on the dose counter will count down by 1. The DISKUS is now ready to use.

To avoid releasing a dose by mistake before you are ready to inhale:

- **Do not close the DISKUS.**
- **Do not tilt the DISKUS.**
- **Do not play with the lever.**
- **Do not slide the lever more than once.**



Figure 4



Figure 5

3 INHALE

Before you inhale your dose of FLOVENT DISKUS, breathe out as far as you can while you hold the DISKUS level and away from your mouth (*see Figure 4*). **Never breathe out into the DISKUS mouthpiece.**

Put the mouthpiece to your lips (*see Figure 5*). Breathe in quickly and deeply through the DISKUS. Do not breathe in through your nose.

Remove the DISKUS from your mouth. Hold your breath for about 10 seconds, or for as long as is comfortable. Breathe out slowly.

Rinse your mouth with water after inhaling the medicine. Spit the water out. Do not swallow.



Figure 6

4. CLOSE THE DISKUS when you are finished taking a dose. Put your thumb on the thumbgrip and slide it back towards you as far as it will go (see Figure 6). The DISKUS will click shut. The lever will automatically return to its original position.

The DISKUS is now ready for you to take your next scheduled dose, due in about 12 hours. (Repeat steps 1 through 4.)

Remember:

- Never breathe into the DISKUS.
- Never take the DISKUS apart.
- Always ready and use the DISKUS in a level, flat position.
- Do not use the DISKUS with a spacer device.
- After each dose, rinse your mouth with water and spit the water out. Do not swallow.
- Never wash the mouthpiece or any part of the DISKUS. **Keep it dry.**
- Always keep the DISKUS in a dry place.
- Never take an extra dose, even if you did not taste or feel the medicine.

Storing Your FLOVENT DISKUS

Store at room temperature (68° to 77°F) in a dry place away from heat and sunlight. Keep out of the reach of children.

FLOVENT DISKUS is not reusable. Throw it away on the “Use by” date you wrote on the label when you first opened the pouch or when the dose counter reads “0”, whichever comes first. Do not try to take the DISKUS apart.



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